

LiveOak



HOME TOWN NEWS



THE CITY OF

LIVE OAK, TEXAS

SPECIAL
SPORTS
EDITION

JULY - AUGUST 2013

CITY OF LIVE OAK DIRECTORY

Main Number - (210) 653-9140
Business Hours - 8:15 am - 5 pm
Website - www.liveoak.net

City Council

- Mayor Mary M. Dennis..... 792-7168
yourmayormary@yahoo.com
- Councilman Mendell Morgan, Place #1..... 653-3782
- Councilman Robert "Bob" Tullgren, Mayor Pro Tem, Place#2..... 378-6129
btullgren@sbcglobal.net
- Councilman Michael Balderaz, Place #3..... 380-4008
michaelbalderazliveoak@yahoo.com
- Councilman Ed Cimics, Place #4..... 844-2773
edcimics@sbcglobal.net
- Councilman Aaron Dahl, Place#5..... 386-0960
aaron.dahl@live.com

- City Manager**
Matthew Smith..... 653-9140 ext. 212
- Assistant City Manager**
Scott Wayman..... 653-9140 ext. 261
- City Secretary**
Debby Goza..... 653-9140 ext. 213
- Economic and Community Development Manager**
Jordan Matney..... 653-9140 ext. 286
- Finance Director**
Leroy Kowalik..... 653-9140 ext. 216
- Fire Chief**
Charles Foster..... 653-9140 ext. 241
- Info. Technology Director**
Jim Nardone..... 653-9140 ext. 292
- Police Chief**
Ken Evans..... 945-1700
- Public Works Director**
Mark Wagster..... 653-9140 ext. 221

Services

- Animal Control**
Terry Phillips..... 653-9140 ext. 228
- Building Official**
Ken Steiner..... 653-9140 ext. 250
- Building Permits/Inspections**
Donna Lowder..... 653-9140 ext. 244
653-9140 ext. 386
- Code Compliance**
John Dalton..... 653-9140 ext. 245

The new online version of the Hometown News is available at: www.liveoaktx.net/magazine

- Dispatch 24 Hours..... 653-0033**
- Emergency (Police, Fire, EMS) 24 Hours..... 911**
- Emergency Management**
Gary Woppert..... 653-9140 ext. 379
- Human Resources**
Trudy Whitfield..... 653-9140 ext 201
- Recreation**
Courtney Weese..... 653-9140 ext. 235
- Water Department**
Billing Office..... 653-9140 ext. 110

OFFICIAL MEETINGS

- City Council Meetings:**
2nd and last Tuesday of each month at 7 pm.
- Parks & Recreation Commission Meetings:**
1st Monday of each month at 7 pm unless the first Monday is a holiday, then the meeting will be held on the 2nd Monday of the month.
- Board of Adjustment Meetings:** *Held as necessary*
- Economic Development Corporation Meetings:**
Last Monday of every month
- Planning & Zoning Commission Meetings:**
Held as necessary

FUTURE EVENTS

- Farmer's Market**
Tuesday's 9 am - 2 pm @ The Civic Center Parking Lot
- September 2nd:** Labor Day Luau: Live Oak Clubhouse
Gates open @ 1:00pm, Luau kicks off at 3:00pm



Minute with the Mayor



BEST OF THE METROCOM

Congratulations to all of the Live Oak businesses who won "Best of the Metrocom"!

- **Best Financial Institution and top vote getter in all categories**
Randolph Brooks Federal Credit Union, 1 Randolph Brooks Pkwy and 12415 Old Converse Road
- **Best Happy Hour**
Houlihan's, 14601 IH 35 N
- **Best Italian Food**
Zio's Italian Kitchen, 7824 Pat Booker
- **Best City Park - Live Oak Park**, 18001 Park Road
- **Best Car Dealership**
Jordan Ford, 13010 IH 35 N
- **Best Asian Food - Bangkok Cuisine**, 8214 Pat Booker
- **Best Bar/Night Club/Hot Spot - Hooligans Bar and Grill**, 13920 IH 35 N
- **Best Place to Watch a Spurs Game - Hooligans Bar and Grill**, 13920 IH 35 N
- **Best Fresh Sea Food**
Sea Island, 8223 Agora Parkway
- **Best Place to Get a Cup of Coffee - Starbucks**, 8234 Agora Pkwy (inside Target)
- **Best Place to Take a Date**
Live Oak Regal Cinema, 7901 Pat Booker

Dear Citizens,

I love Live Oak! I would like to thank you for honoring me with your trust as it has been my pleasure to serve as your mayor for the past three years. We continue to grow as a major economic sector in the Northeast area and I am proud to announce that many of our Live Oak businesses were voted #1 in the "Best of the Metrocom." Congratulations to all these fantastic businesses that call Live Oak home!

I would like to congratulate Councilman Michael Balderaz on his re-election, Aaron Dahl for retaining his council seat, and welcome our newest Councilman, Mendell D.

Morgan. I look forward to continue working with our City Manager, Matt Smith and staff to serve all citizens.

I would also like to thank Mark Wagster and the Public Works Department for their hard work during the recent storm. The City Emergency Management Department, headed by Gary Woppert is available to assist with information you may need to better prepare your family for weather-related issues. We endured very well despite the high winds and rain. It is great to live in a community where helping each other means so much.

Finally, a big thank you goes out to Councilman Ed Cimics and Randolph Brooks Federal Credit Union on a successful free document shredding day on May 18th. Also, remember to visit our Farmer's Market each Tuesday from 9-2 at the Civic Center. I am available for comments or concerns at 210.792.7168 or by email @ yourmayormary@yahoo.com. The best is yet to come!



Mary M. Dennis
Mayor

Remember to support your local businesses and Shop Live Oak!

Fun For Ages 3-103!



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PATRIOT MARTIAL ARTS SUMMER CAMP 2013

*Wondering What To Do With Your Kids Over The Summer?
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We will host 2, Four week sessions

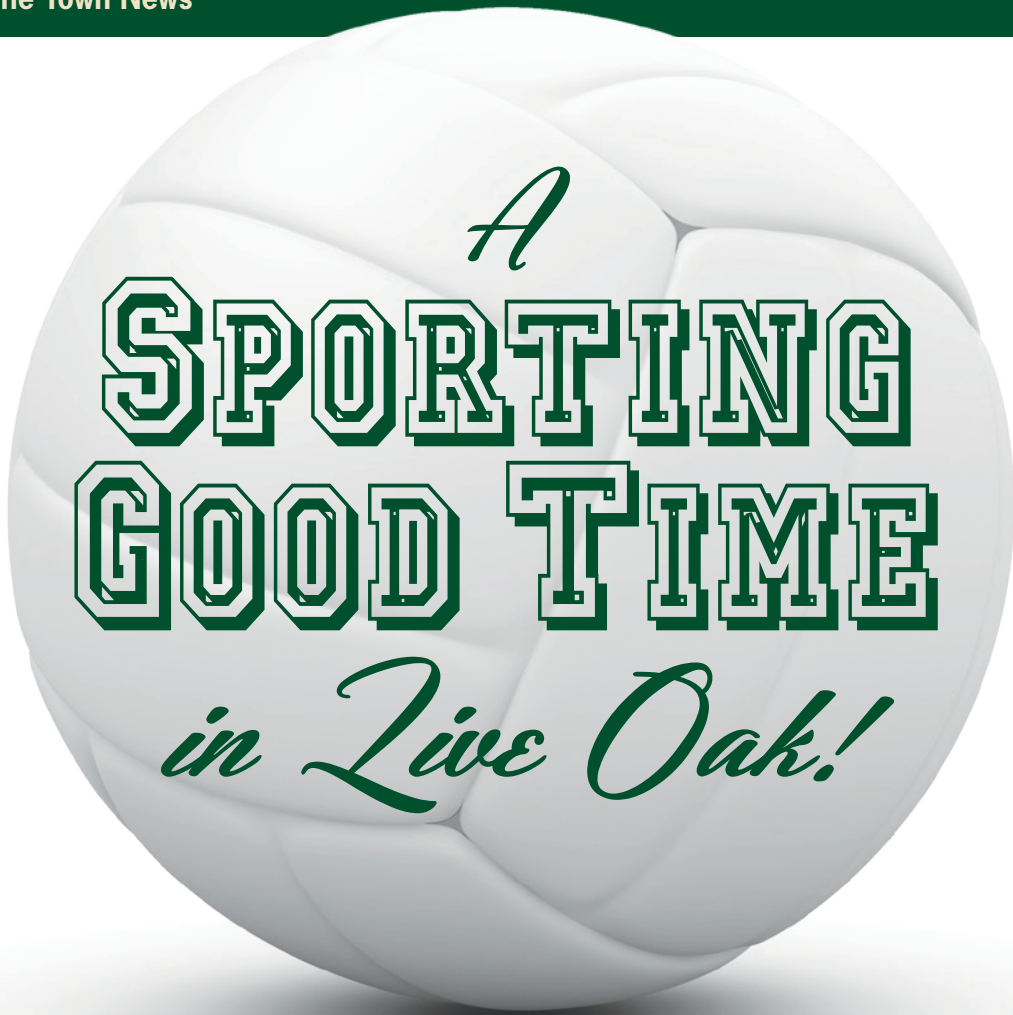
Session 1: June 3rd thru June 28th
 Session 2: July 8th thru August 2nd

Camp times are: 7:30am - 4:00pm Monday - Friday.

- * Awesome Martial Arts Classes every day!
- * Themed Weeks!
- * Outdoor activities at the park!
- * Movies!
- * Martial Arts and other fun games!
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 Enrollment for Session 2 ends on June 21st*




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Walk This Way

Walking groups have popped up all over Live Oak! Thanks to our two beautiful parks with beautiful trails, walking has become the preferred sport and workout for many of our residents. Two groups currently meet throughout the week. The Woodcrest Park walking group meets each Tuesday morning at 8:30 AM to enjoy the trails at Woodcrest Park. All ages are welcome and more information can be found on their Facebook page. The Seniors of Live Oak (SOLO) meet each Tuesday at the Live Oak Clubhouse and each Thursday at Woodcrest Park for a Walk-and-Talk outing. The group meets both days at 9:00 AM. Of course, our parks and trails are open to all, so get out and enjoy the beautiful trails this summer!



Going for the Gold

Powerlifting, running, basketball, swimming, yoga and cycling are just a few of the many sports you can partake in at Gold's Gym - Live Oak. Located in the Live Oak Crossing Shopping Center on Pat Booker, Gold's Gym is the leading fitness center in Live Oak.

In addition to state of the art fitness equipment, the facility offers basketball, fitness classes, an indoor pool and child care for the kids! For more information, call them at 210-637-6600 or visit them online at www.goldsgym.com.



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PSBA

The Live Oak Parkour, Bike and Skate Association (LOPBSA) exists "to promote physical fitness through the development and stewardship of safe, freely accessible public parks for Parkour, Skating, and Bikes." Membership is open for anyone interested in participating in the featured sports. Not only is the group of young athletes talented, but they also give back to the community. The group has recently completed two "Crash a House" events that have helped Live Oak residents clean, paint and fix up their homes. The LOPBSA members complete the work free of charge for those in need. For more information on the LOPBSA, please contact Bob Tullgren at 210-378-6129 or via email at btullgren@sbcglobal.net.



Live Oak Jaguars

The Live Oak Jaguars were formed as a non-profit football and cheer organization in 1998 by President and CEO Al Hollins. A proud member of the Texas Youth Football Association (TYFA), they pride themselves at being a fair and non-discriminatory league geared towards the success and well-being of all kids from ages 5 to 13. Their primary goals are to provide youth with opportunities for participation, fun and enjoyment; provide opportunities for the development of leisure skills; and help youth develop socially and psychologically. Decisions are made within the organization on the basis of "What's best for the participating youth?" Additionally, Coach Hollins has been a volunteer within the City of Live Oak for 9 years, serving on the Parks and Recreation Board. He has been instrumental in the creation and improvement of the existing football field in the Main City Park, as well as the development of the basketball and baseball playing areas. The Live Oak City Council displayed their appreciation for Al's dedication in 2010 when they dedicated the football field in the park as "The Place Where Dreams Begin: Al Hollins' Field of Dreams."

Anyone interested in joining the organization can visit their website at www.lojaguars.org. They accept registrations year round for Football Players and Cheerleaders and their fees are very affordable. They also are seeking volunteers to serve as coaches, administrators, and other types of participation. Please look for them on Facebook as well for additional information.



Live Oak Dolphins

Live Oak is privileged to have such a remarkable and talented swim team. These swimmers range from age 4 to 18. The swim team was established in 1977 and just celebrated their 25th anniversary last season! Audrey Laguna, current Dolphin swim coach, states that their success and long lasting participation is based on the strength and support of the community. The organization is run explicitly by parent volunteers who also conduct meets and are often seen as timers for summer league sanctioned times.

The Dolphins expect close to 100 swimmers this season. They are scheduled for 4 dual meets; an intra-squad meet called The Blue & White Meet and the Championship Meet at the conclusion of the Alamo Area Summer Swim League (AASSL) season. The Dolphins have produced many successful swimmers who have achieved some amazing accomplishments.

For more information about signing up for the Dolphin's swim team or if interested in sponsorship, please contact: Audrey Laguna (210) 249-1048, email: lo.dolphins@yahoo.com Team website: <http://liveoakdolphins.swim-team.us/>

The Big Green Gym Bus

Keeping in tune with the sports theme of this magazine, youngsters are never too young to start working on their athletic skills. The Big Green Gym Bus (BGGB) has been providing safe, fun, educational and noncompetitive fun for children 2 to 6 years of age, for years. Owner, Loryll Bailey says "our goal is to raise a child's confidence, self-esteem, and to instill in them at an early age the importance of physical fitness." In her converted school bus that contains equipment for tumbling, gymnastics and music, the BGGB provides activities that "aren't simply child's play." There are games, challenges and skill developing apparatus that help kids refine the motor skills that they will use for a lifetime. The BGGB can be seen around town at schools and day cares, but is always available for birthday parties and gatherings. The City has used the BGGB in the park for many of our City functions and she is always the crowd favorite. For information on reserving the BGGB, contact Loryll at 210-787-8887, or visit her web site at www.biggreengymbus.com.





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Live Oak Disc Golf Alliance and Ladies of Live Oak

Long time Live Oak resident Laura Karshis is a project coordinator by day for Fire Alarm Control Systems, but during her free time, she is a local disc golf golfer. Laura is an active member of the Ladies of Live Oak (LOLO) Disc Golf Club which was started in 2002 by Danielle Vargas. In fact, Laura was Danielle's very first student. More than 10 years later, Laura is still active in the LOLO group is also the current President of the Live Oak Disc Golf Alliance (LODGA). LODGA founder Brian Schmidt was also instrumental in the disc golf education of Laura. She began as secretary of the group when they became "official" in 2004 and served in that designation until 2011, when she became Vice President of the group the following year. Mrs. Karshis became President of the LODGA in 2013.



She feels what makes the sport most appealing to women is that you can lose lots of weight, get fit, build muscle and be outdoors enjoying the fresh air. It doesn't hurt as well that for all the single ladies, there are a lot of single men in this sport, and they love to see ladies playing disc golf!

Laura has also been mentored in the sport by her husband, James (Jimbo) Karshis. She has come far since her early days in the sport and has tied her husband on several occasions and is still hopeful of that future win in the husband/wife contest. She stated that while she doesn't always beat the boys, she "beats many of them!"

Laura enjoys meeting new people and being able to help others through the long list of charities that are supported by the Live Oak Disc Golf Alliance. With her husband, Laura has traveled to virtually every disc golf course in Texas, as well as one tournament in the Bahamas.

Laura has played in many tournaments and has received numerous trophies, discs, and disc golf baskets. She currently plays in the Advanced Division and recently hit a closest to the pin shot at the Texas Women's Championship in Round Rock that scored her enough cash to buy "several discs."



Laura states that "Live Oak's course is one of my favorites, when I go to other courses they don't match up." She credits the Live Oak Parks Department for keeping the course clean, and John Houck for his expert course design. Mr. Houck is very well known in the disc golf world for his expertise in course design. If you have never played, look out for Hole 6, as Laura states, "with its new design, it is tricky and you can definitely lose a disc in that water."

Ladies of Live Oak meet every Wednesday and Saturday and if you would like more information on their organization, visit their Facebook page for schedules and more information. Thanks to the Ladies of Live Oak for calling our City their home and for drawing interest to our tremendous park and the efforts we put into the disc golf course.

2013 City of Live Oak Recycle Calendar

JANUARY						
S	M	T	W	T	F	S
			2A	3B	4C	5
6	7	8	9	10	11	12
13	14	15	16A	17B	18C	19
20	21	22	23	24	25	26
27	28	29	30A	31B		
APRIL						
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7	8	9	10A	11B	12C	13
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21	22	23	24A	25B	26C	27
28	29	30				
MAY						
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AUGUST						
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SEPTEMBER						
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22	23	24	25A	26B	27C	28
29	30					

2013 Holiday's observed are Thanksgiving Day, Christmas Day and New Years Day
 Recycle Days are Marked by Letters "A,B,C".
 Route "A" is Wed/Sat trash routes.
 Route "B" is Mon/Thurs trash routes.
 Route "C" is Tues/Fri trash routes.



"John's June 9th Car Accident..."

Dear friends,

At first, John didn't even know what hit him.

At least not right away. It was June 9th. He was stopped in traffic when it happened; he was 'whacked' from behind by someone not paying attention. The impact wasn't all that hard, just hard enough to bend in John's bumper a bit. I guess they call that a 'fender bender.'

John's neck was sore at first, and he had a headache. He went to the emergency room just to make sure, and they told him nothing was broken. They gave him a prescription for muscle relaxers. He had the car fixed, and settled with the other guy's insurance company. He didn't think much about it, until...

Two months later, John's lower neck started to hurt. He noticed he was having headaches almost every day. At first, he never even related the car accident to the problems.

Finally, John's friend suggested a doctor that he knew. That doctor examined him, and found that the accident was the likely culprit. Like the ER doctor, the new doctor found that John's neck wasn't broken. But it was wrenched out of alignment, causing the stress and symptoms. The doctor gave John some specific care, and soon enough, John was back to his old self. That new doctor that helped John was a chiropractor.

My name is Dr. Drew Czerminski, a chiropractor right here in Live Oak. The story above is a collection of dozens of scenarios we

see in our office. Helping people who have been legitimately hurt in car accidents is part of what we do. If you've been hurt, and need help, we'll do our very best for you. Our assistants can help you through any of the paperwork, and we'll do our best to help you regain your health with conservative, drugless care.

You've probably seen our office. It's the state of the art clinic on Toepperwein Road, next to the Dollar General store. When you make an appointment, we'll go over your information, do whatever tests need to be done. We'll help you figure out before any of this if your car insurance will pay, or whether the fees will come from the "at fault" person's insurance. Our job is to get you better as best as we can. Feel free to call us for a no-cost, no-obligation consultation at 210-599-9570. Thanks and God bless.

Dr. Drew Czerminski



BACK TO HEALTH CHIROPRACTIC



210.599.9570

11465 TOEPPERWEIN ROAD | SAN ANTONIO TX 78233



cont'd

BEST SEATS IN THE HOUSE!

If you are an avid sports fan, but don't like to drive long distances to an arena or sports complex, pay an arm and a leg for parking, fight large crowds or wait in long lines to buy an over-priced hot dog or cold beverage, the City of Live Oak has just the TICKET! We offer a few great places where you can view your favorite team and sporting event on large big screen TV's, enjoy an icy cold beverage, indulge in a delicious meal or snack and you won't even have to pay to park or walk a mile to find your seat.



Buffalo Wild Wings

If you're serious about your sports, BWW is the place to be! Their slogan is "If you want to watch it, we'll put it on for you.". They have 30 flat screen televisions to view your favorite sporting event; everything from Football to Rhythmic Jujitsu! They have a fantastic menu consisting of delicious burgers, wings and a large assortment of mouth-watering appetizers. If an icy cold beer is your druthers, BWW offers a wide variety of Domestic and Imports on tap. They are located at 7903 Pat Booker Rd. in the Live Oak Crossing Shopping Center and can be reached at 210.653.8903 or www.buffalowildwings.com

Hooligan's Bar & Grill

We are happy to announce that Hooligan's in Live Oak was voted "Best Place to Watch a Spurs Game" in Best of the Metrocom. Hooligan's patrons enjoy watching their favorite sports team play on two large state of the art projection screens. They offer daily and nightly specials on drinks and menu items. They have a full bar and a delicious menu of juicy burgers, sandwiches and a wide variety of flavorful wings and snacks. They are located at 13920 N. IH 35, next to Live Oak Regal Cinema, and can be reached at 210.654.4444 or www.hooligansbarandgrill.com.



Beer Goggles

Beer Goggles is one of Live Oak's newest businesses. They offer a unique atmosphere where patrons can watch their favorite sports team and enjoy an adult beverage. Beer Goggles offers a full service bar and an outdoor patio where pets are even welcome! They always have something on special. Beer Goggles is located in the Oak Grove Shopping Center at 12702 Toepperwein Rd. across from the Northeast Methodist Hospital. They can be reached at 210.454.1537 or you can check them out on Facebook.

Bikinis Sports Bar & Grill

Stop by Bikinis and enjoy watching your favorite sports team and enjoy a variety of traditional American dishes, cocktails and microbrews served by yes, pretty gals in bikini tops and shorts! Try their Big Buckin Burger, which is a whopping five pounds! If you can eat the whole thing, your prize is a Bikini's T-Shirt. They are located at 13846 N. IH 35 and can be reached at 210.368.2334 or www.bikinissportsbarandgrill.com



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SERVICERECOGNITION Awards



LA QUINTA INN

Mayor Mary M. Dennis and members of the City's Economic Development Commission joined City Staff in presenting a plaque to LA QUINTA at 12822 IH 35 North for their length in service to the City. LA QUINTA has been open in the City for 27 years and the Manager Tiffany Berry is a long time resident of Live Oak. La Quinta is in the process of a renovation so stop in and see their new rooms and look at the color scheme for their Lobby. Find them on Facebook at LAQUINTA.

GUNN AUTOMOTIVE

The Economic Development Corporation recently recognized Gunn Automotive for their length of service to the residents of Live Oak. In October, Gunn Automotive will celebrate 25 years of business in Live Oak. Currently located at 12602 IH 35 N, Gunn Automotive will be making the move up IH 35 to 16440 I-35 N in Selma in late fall. We will miss the Gunn vehicle family and thank them for their loyal and dedicated service to the community. Good luck in the future. For more information about Gunn Automotive, visit them online at [http:// gunnchevrolet. com/](http://gunnchevrolet.com/) or on Facebook.



NOW Open

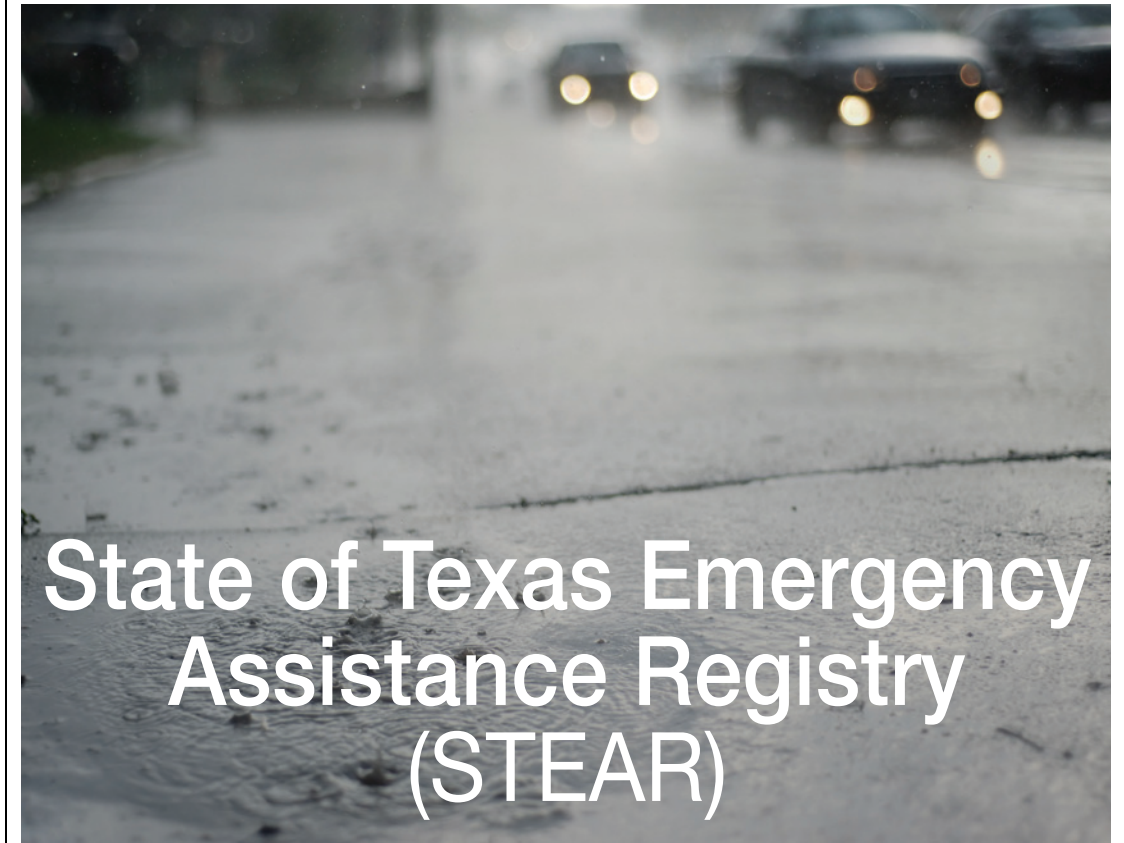
One of our favorite entertainment locations in Live Oak, Laser Legend, has expanded their business in The Gateway Plaza Shopping Center. Glo Golf is a new, state of the art indoor glow-in-the-dark miniature golf adventure! Visit them at the Gateway Plaza Shopping Center located at Loop 1604 and Lookout Road.

Make sure you support local Live Oak businesses and remember to SHOP LIVE OAK! For information on various business incentives and recognition efforts, please contact Jordan Matney, Economic and Community Development Manager at 210-653-9140, ext. 286 or jmatney@liveoaktx.net.



Emergency Management

By Gary L. Woppert, Emergency Manager



In the aftermath of Hurricane Rita in 2005, the State and other local jurisdictions started programs for citizens needing assistance. Following Hurricane Ike a few years later, planning began on a new program to help all citizens statewide needing assistance. In March 2013, the STEAR program was announced!

It was designed for those who are disabled, have access issues, disabilities, or lack of transportation in the event of an evacuation. Statistics show that over 20% of the State population falls into this category and this information is critical to emergency managers and

first responders in the event of a disaster. The City currently has a program to identify citizens with potential issues. This new State program has many advantages including a secure data base and will allow citizens to register on their own. They will have the option of going on-line to a secure web site or simply by calling 2-1-1, also known as the United Way Help Line.

Once fully implemented, the STEAR program may replace our current program! The Emergency Management Office will have access to the data base for our citizens and will be able to track those who may require assistance

should a major emergency or disaster ever occur. There is no cost associated with this program and citizens with disabilities or other issues as mentioned above are encouraged to enroll.

Additional information will be available on the City Web Page under the Emergency Management Department. For additional information regarding the STEAR program, contact Gary Woppert, Emergency Management Coordinator at 653-9140, Ext. 379, on-line at gwoppert@liveoaktx.net, or stop by the office in the fire station during normal business hours.



Fire Department

By Gerry Galindo
Assistant Fire Chief

Dehydration

As the summer months close in on us we would like to focus on the condition of dehydration. This is something that can overtake us without much detection on our part. Dehydration is a condition that occurs when someone loses more fluids than he or she takes in. If you ignore your thirst, dehydration can slow you down or make you sick.

Causes and Signs of Dehydration

There are different causes of dehydration. One common cause is gastrointestinal illness. You can lose fluids through vomiting and diarrhea. Being active through sports or normal outdoor activity can also deplete your fluids. We have to remember to replace the fluids our bodies lose through sweating. Dieting is another way our water reserves can be sapped. Beware of diets or supplements, including laxatives and diuretics that emphasize shedding "water weight" as a quick way to lose weight. Losing water weight is not the same thing as losing actual fat.

Learn to recognize the signs of dehydration:

1. Feeling dizzy and lightheaded
2. Having a dry or sticky mouth
3. Producing less urine and darker urine

Thirst is one indicator of dehydration, but it is not an early warning sign. By the time you feel thirsty, you might already be dehydrated. As the condition progresses, a person will start to feel much sicker as more body systems (or organs) are affected by the dehydration.

Preventing Dehydration

The easiest way to prevent dehydration is to drink lots of fluids, especially on hot, dry, windy days.

The bottom line is to KEEP YOURSELF HYDRATED by drinking good ole H2O for healthy hydration and have a Happy and Healthy summer!

Water is usually the best choice. The amount that people need to drink will depend on factors like how much water they're getting from foods and other liquids and how much they're sweating from physical exertion. It's a good idea to become accustomed to drinking plenty of water every day.

When you go outside on a warm day, remember to dress appropriately for your activity. Wear loose-fitting clothes and a hat if you can. If you do find yourself feeling parched or dizzy, take a break for a few minutes. Sit in the shade or someplace cool and drink water.

When to see the Doctor

Dehydration can usually be treated by drinking fluids. But if you faint or feel weak or dizzy every time you stand up (even after a couple of hours) or if you have very little urine output, you should tell an adult and visit your doctor. The doctor will probably look for a cause for the dehydration and encourage you to drink more fluids.

If you're more dehydrated than you realized, especially if you can't hold fluids down because of vomiting, you may need to receive fluids through an IV to speed up the rehydration process. Occasionally, dehydration might be a sign of something more serious, such as diabetes.



City Management

By Scott Wayman
Assistant City Manager

What You Can Do To Help Prevent Flooding

With the recent nine inch rain fall, it brings to mind that there are many things that we all can do to help prevent flooding. During flooding events, the City has a drainage system that is designed to move water away from private structures. Here are some things you can do to help prevent damage due to flooding.

- Do not dump or throw anything into the City's drainage channels. Dumping in our ditches is a violation of Live Oak City Ordinance. Even grass clippings and branches can accumulate and plug channels. A plugged channel cannot carry water and when it rains, the water does not pass and backs up on property behind. Every piece of trash contributes to the flooding problems of the City.
- If your property is next to a ditch or stream, please do your part to keep the banks clear of brush and debris. The City has a stream maintenance program which can help remove major blockages such as downed trees.
- If you see dumping or debris in the ditches or streams, please contact the Public Works Department at 653-9140 ext. 234.



Labor Day Luau

SEPTEMBER 2

Regular pool hours are 1:00-6:45 Tuesday to Sunday. The pool is closed from August 27th through August 30th and reopens for the Labor Day weekend. Join us for the annual "LABOR DAY LUAU" on September 2nd. Gates open at 1:00.

Luau kicks off at 3:00 with music, refreshments, and games. Regular admission rates apply! Limited capacity, come early!

Every summer we get asked "How do I become a lifeguard?" It is highly recommended to inquire about certification prior to the summer months. Classes are offered year round through the American Red Cross, and tend to fill up quickly. Anyone considering a lifeguard position with the City of Live Oak must be 16 years of age, and obtain Red Cross Lifeguarding / CPR certification. If you or someone you know is interested in becoming a Live Oak lifeguard for the summer 2014, please contact Courtney Weese at 653-9140 ext. 235.

From the Office of Parks & Recreation

By Courtney Weese,
Recreation Coordinator

Summer is in full swing, and the pool is a great place to spend a hot afternoon. Below are some friendly reminders to make your visit an enjoyable experience!

- Remember to sign up for a Live Oak Resident Splash Card. This ensures you will receive the resident rate of \$2.00 versus \$5.00 for non-residents.
- Children under 10 years of age must be accompanied by a guardian 16 years of age or older.
- Live Oak pool does not grant same day re-entry. So, pay once and plan to play all day long.
- No alcohol or glass containers allowed.

The Live Oak pool staff strives to make your visit the best it can be. If you have questions or concerns, please do not hesitate to contact a member of the lifeguarding staff.



From the Office of Public Works

By Mark Wagster,
Public Works Director

CRITICAL WATER PERIOD WATER CONSERVATION

Last digit of Address	Day
0 or 1	Monday
2 or 3	Tuesday
4 or 5	Wednesday
6 or 7	Thursday
8 or 9	Friday

NEW CHANGES FOR 2013 water restrictions include watering times 7-11 a.m. and 7-11 p.m. in Stages 2 through 4. The City of Live Oak follows the same rules of water use restrictions as San Antonio. We are currently in Stage II restrictions. Changes for 2013 are identified with *** below:

- Stage 2 Restrictions begin when the aquifer level reaches 650 feet mean sea level at the monitored well.
- All restrictions from Stage 1 remain in effect, unless added to or replaced by Stage 2 rules.
- ***Landscape watering with an irrigation system, sprinkler or soaker hose is allowed only once a week from 7-11 a.m. and 7-11 p.m. on your designated watering day, as determined by your address.
- ***Watering with drip irrigation or 5-gallon bucket is permitted any day, but only between 7-11 a.m. and 7-11 p.m.
- ***All residential fountains and indoor commercial fountains can operate at any stage of drought. Outdoor commercial fountains must have a Live Oak variance in order to operate during drought stages 1 through 4.
- Watering with a hand-held hose is allowed any time on any day.
- All non-public swimming pools must have a minimum of 25 percent of the surface area covered with evaporation screens when not in use. Inflatable pool toys or floating decorations may be used for this purpose.
- Washing impervious cover such as parking lots, driveways, streets or sidewalks is prohibited. Health and safety exceptions to this rule may be requested from the City of Live Oak in writing.
- ***Residential car washing allowed during drought once per week on Saturday or Sunday as long as there is no water waste.
- The use of commercial car wash facilities is allowed any day.
- Hotels, motels and other lodging must offer and clearly notify guests of a "linen/towel change on request only" program.
- And don't forget to follow these year-round rules:
- Water waste is prohibited at all times. This includes lawn watering overspray and runoff.
- Restaurants may serve water only on request (to reduce dishwashing).
- Charity car washes allowed only at commercial car wash facilities.

Additional information can be found on our City's website at www.liveoaktx.net.



Development Services

By Ken Steiner
Building Official



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Limit one per customer per transaction. EXP09/30/2013
210-566-7702 | 8143 Agora Parkway, Selma TX | abc7131@ibsa.com

Cheaper isn't always better!

Choosing the right electrician will be a decision you'll either regret or significantly appreciate. There is nothing in between! But how do you go about choosing the right electrician?

You've come to the right place for information, because our department requires all contractors that work in our city to obtain a contractor's license and permit before they perform any electrical work on your property. We check the electrician's state issued license and liability insurance per city ordinance.

Still, here are some tips for choosing the right electrician:

Tip #1 - Ask to see their license card and Permit. Although the City of Live Oak also checks, you can double check at <http://www.license.state.tx.us/LicenseSearch/>

Tip #2 - Check references. Feedback posted for or against the company is an excellent place to start, but most businesses will also have written references if you request them.

Tip #3 - Check your gut. For most people, a good electrician becomes your electrician for life. An electrician that you like dealing with or trust is as essential as a good bank.

Tip #4 - Check their range of experience. Although most electricians are experienced in a wide range of electrical work, some companies can specialize and lose contact with the current technology over time. This wouldn't be relevant in most common jobs like re-wiring a panel or power board, but in some types of work it's worth confirming that the business's experience is appropriate for your job.

Remember, unlicensed tradespeople operate with lower overheads (no license fees or insurance costs) so they may often charge less than a qualified tradesperson. If you would like to verify current licenses with the state or with the City of Live Oak, please contact our office at 210-653-9140, extension 244 or you may visit our website for a list of registered contractors.

SCHERTZ Civic Center

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MEETING ROOMS, BANQUET SPACE AND MORE!

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SCHERTZ CIVIC AND COMMUNITY CENTERS
1400 Schertz Pkwy, Bldg 5, Schertz, TX 78154
(210) 619-1611 * schertz.com



Let's COOK Live Oak!

No Bake Protein Bars

- 4 cups quick oats
- 1 cup natural peanut butter
- 1/3 cup organic honey
- 1/3 cup agave nectar
- 2 scoops vanilla protein powder

Mix all ingredients in a bowl. Line a baking dish with parchment paper. Spread mixture on parchment paper and pack in tightly. Refrigerate for 30 minutes, cut into desired size.

Piña Colada Protein Shake

- 1 small banana
- 1/4 cup chopped pineapple
- 1 cup unsweetened vanilla almond milk or fat free milk
- 1 scoop vanilla protein powder
- Ice

Blend ingredients together and enjoy!

Chocolate Coconut Protein Cookies

- 3 tbsp. coconut flour
- 3 tbsp. chocolate protein powder
- 1 tbsp. Stevia
- 1/4 tsp. baking powder
- 3 tbsp. unsweetened almond milk
- 2 tbsp. nonfat Greek yogurt
- 1 egg white
- 1 tbsp. natural peanut butter
- 6 tsp. unsweetened shredded and chopped coconut (1 tsp. each cookie)

Preheat oven to 325 degrees. Combine all dry ingredients in a small bowl (reserving shredded coconut for later). In another bowl, blend wet ingredients. Add dry ingredients and thoroughly mix until makes a stiff dough. Roll dough into 6 even cookie balls. Dip each cookie in shredded coconut before placing on cookie sheet lined with parchment paper. Gently press cookies down to 1/2" thick.

Bake for approximately 15 minutes or until cookies are semi-firm.



CITY MEETINGS

July 1	Parks & Recreation Meeting: Council Chambers	7:00pm
July 9	City Council Meeting: Council Chambers	7:00pm
July 29	EDC Meeting: Council Chambers	6:00pm
July 30	City Council Meeting: Council Chambers	7:00pm

SENIORS OF LIVE OAK (SOLO)

July 8	Games Day	1:00pm
July 15	Pot Luck	11:30am
July 22	Book Club	11:00am
July 25	Games Day	1:00pm
Tuesdays:	Walk-and-Talk: Meet @ L.O. Clubhouse	9:00am
Thursdays:	Walk-and-Talk: Meet @ Woodcrest Park	9:00am

LIVE OAK MATURE ADULTS (LOMA)

Meet Second & Last Wednesday of Each Month @ L.O. Clubhouse		
July 10	Luncheon (BYOD)	11:30am
July 31	Dinner (BYOD)	6:30pm
For more information call Loretta Kusek @ 657-7167 (Ages 21 and up)		

LIVE OAK VILLAGE GARDEN CLUB (LOVGC)

Meet Third Tuesday of Each Month @ L.O. Clubhouse		
July 16	Regular Meeting	1-3pm
For more information contact Jo Anna Wheeler @ 655-1036		

LIVE OAK LEAGUE OF ARTS (LOLA)

July 13	"Sketch & Switch" L.O. Youth Building	11am - 2pm
July 18	Monthly Art Night (open to public) L.O. Clubhouse	6 - 8pm

LIVE OAK HUMANE SOCIETY

Do not have to be a Live Oak resident to join. Open to everyone.		
July 17	Meeting: L.O. Clubhouse	6:30pm
For more information contact Tom Kusek @ 657-7167		

FARMERS MARKET

Every Tuesday at Civic Center Parking Lot	9am-2pm
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SPECIAL EVENTS

July 4	Independence Day (City offices closed)
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CITY MEETINGS

Aug. 5	Parks & Recreation Meeting: Council Chambers	7:00pm
Aug. 13	City Council Meeting: Council Chambers	7:00pm
Aug. 26	EDC Meeting: Council Chambers	6:00pm
Aug. 27	City Council Meeting: Council Chambers	7:00pm

SENIORS OF LIVE OAK (SOLO)

Aug. 12	Games Day	1:00am
Aug. 19	Pot Luck	11:30am
Aug. 26	Book Club	11:00pm
Aug. 29	Games Day	1:00pm
Tuesdays:	Walk-and-Talk: Meet @ L.O. Clubhouse	9:00am
Thursdays:	Walk-and-Talk: Meet @ Woodcrest Park	9:00am

LIVE OAK MATURE ADULTS (LOMA)

Meet 2nd & Last Wednesday of each month @ L.O. Clubhouse		
Aug. 14	Luncheon (BYOD)	11:30am
Aug. 28	Dinner (BYOD)	6:30pm
For more information contact Loretta Kusek@ 657-7167 (ages 21 and up)		

LIVE OAK VILLAGE GARDEN CLUB (LOVGC)

Meet Third Tuesday of Each Month @ L.O. Clubhouse		
Aug. 20	Regular Meeting	1:00pm - 3:00pm
For more information contact Jo Anna Wheeler@ 655-1036		

LIVE OAK LEAGUE OF ARTS (LOLA)

Aug. 10	"Inked" @ L.O. Youth Building	11am - 2pm
Aug. 15	Monthly Art Night: L.O. Clubhouse	6 - 7:30pm

LIVE OAK HUMANE SOCIETY

Do not have to be a Live Oak resident to join. Open to everyone.		
Aug. 21	Meeting: L.O. Clubhouse	6:30pm
For more information contact Tom Kusek @ 657-7167		

FARMERS MARKET

Every Tuesday: Civic Center Parking Lot	9am-2pm
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2009 Mitsubishi Lancer GTS Sedan



\$14,991
Stock #: P1650E Bodystyle: 4 door Sedan
Engine: 2.4L I-4 cyl

2011 Chevrolet Equinox STK #: P1646
LS SUV **\$15,994**



2012 FIAT 500 Sport



\$15,992
Stock #: 3670239A With Performance Upgrades
Engine: 1.4L I-4 cyl

2009 Honda CR-V EX SUV



\$15,993
Stock #: P1744 Transmission: 5-Speed Automatic
Engine: 2.4L I-4 cyl

2009 Honda Civic EX



\$12,492
Stock #: P1758 Transmission: 5-Speed Automatic
Engine: 1.8L I-4 cyl

2001 Toyota Camry Sedan



\$6,894
Stock #: 3573662A Brand new tires and cold A/C
Engine: 2.2L I-4 cyl

2012 Dodge Charger SE Sedan



\$19,991
Stock #: P1785 Transmission: Automatic
Engine: 3.6L V-6 cyl

2004 Toyota 4Runner SUV



\$11,692
Stock #: P1748 Rare Sport Edition
Engine: 4.7L V-8 cyl

2009 Chevrolet Silverado



\$21,993
Stock #: P1731 Quad Cab 1500 Z71 4x4
Engine: 5.3L V-8 cyl

2006 Infiniti FX35 AWD SUV



\$15,994
Stock #: P1689 Navigation and fully loaded
Engine: 3.5L V-6 cyl

2007 Mazda Mazda6 i Sedan



\$9,993
Stock #: P1718 Transmission: 6-Speed Auto
Engine: 2.5L I-4 cyl

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